

Junior Tennis Programs at Mauna Lani Sports Club

2020 Fall Sessions (6 week sessions)

1: August 10th-September 19th | 2: September 21st-November 7th | 3: November 9th-December 19th

Tots (ages 4 & 5) Monday 3:00-3:30pm, Saturday 8:00-8:30am

Participants in the Tots class learn the proper fundamentals for all tennis strokes with an emphasis on FUN! Games are used to help improve skills and learn proper technique. Since games are non-competitive, each class is a positive, low pressure tennis experience.

Little Pros (ages 6 & 7) Monday, Wednesday, Friday 3:30-4:30pm

No tennis experience is necessary. Participants learn strokes, footwork, anticipation, and tennis rules. The emphasis is on building rallies, and point playing. A positive attitude, sportsmanship, and proper technique are stressed.

Aces (ages 8-13) Monday, Wednesday, Friday 4:30-5:30pm

Participants will focus on correct technique and all round game development. Serving, forehand, backhand, volleys, and overheads are incorporated in point playing scenarios. Participants will develop consistency, and an understanding of court positioning. Students will learn basic strategy, and the importance of correctly evaluating an opponent.

Tennis for Teens (Ages 14-18) Saturday 10:00-11:00am

Our Beginner Teen Tennis class combines tennis technical development, intense physical activity, and a ton of fun into one action-packed 60-minute class. Players enrolled in drills and games that will provide a great workout while inspiring them to learn and love our favorite game.

Mauna Lani HPA Tuesday, Thursday 4:00-6:00pm

This program is designed for dedicated tournament players. Our High Performance program conditions all areas from fitness, conditioning and mental toughness to point play, live ball drilling, play patterns, match play and technique adjustments. Participants learn to incorporate power and different spins into their shot making. Shot patterns, proper footwork, offensive and defensive strategy will improve through drilling as well as supervised match play. Participants must understand rules and etiquette for match play, as this is a large aspect of our program. Private lessons are recommended at this level as each individual begins to develop his or her own playing style.







Mauna Lani Sports Club

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<u>Tots</u> (6 weel \$100	(s)	Little Pros, (6 weeks) \$150	/Aces/Teens	<u>HPA</u> (6 weeks) \$260		
Please	circle the appro	priate program(s)	and classes below:	:		
Class:	Tots	Little Pros	Junior Aces	Mauna Lani HP	A Teens	
Days:	Monday	s Tuesdays	Wednesdays	Thursdays Fridays	s Saturdays	
Child (l) Name				Age	
Child (2) Name					Age	
Parent/Guardian					Cell Phone	
Addres	SS					
City/St	ate/Zip					
Parent,	/Guardian E-ma	il				
Payme	nt Information:					
Membe	er Account:					
Credit	Card*	Cash				
*If payir	ng by credit card,	please sign here an	d fill out the card infor	mation at the very botto	m of this form.	
Cardholder Signature					Date	
Amour	nt: \$					
* NO DEE	IND DOLLOW NO DEE	TIMES FILL OF PARTIA	L MILL DE ICCUED A ETED DI	CONTRATION IS ASSERTED.		
Liability D Tennis and from or in	Disclaimer – In considera I its partners and affiliate	ation of the Mauna Lani Re ed officers, directors, agen	ts and employees from and wa	hild/children participation in the p ive all claims, damages and liabilit	orogram, myself and my child/children release ies whatsoever for the property damage loss, o and/or photography taken during the program	personal injury or death arising
Paren	t/Guardian Si	gnature				
For mor	re information, ple	ease contact Matt D	udley at matt.dudley@	aubergeresorts.com 80	8-885-7765	
*Credit	Card Information	on:				
Card #					Exp / CV'	V